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BOSTON Tuesday, April 15, 2014 www.metro.us | t: MetroBOS | f: MetroBoston

**A dark day.** The city was forever changed one year ago today when two homemade bombs exploded near the finish line of the Boston Marathon, killing three and wounding hundreds.

**A bright future.** The resiliency shown by survivors, and the community that came together to support them, has shown how truly strong Boston — and America — is. PAGES 02, 04, 09-16

# One year later STILL STRONG

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NEWS

Special section

## *Metro remembers the Marathon*

**One year ago today, the unthinkable happened. An act of terror was committed in our city, killing three and wounding hundreds. The hours and days that followed were a blur of constantly developing news and complete shock as we witnessed the sadness, bravery and resolve that unfolded. The following months were no different, each day bringing reports on the recovery of survivors, the growth of the One Fund and the countless acts of kindness within our community. That brings us to today, the one-year anniversary of the bombings, for which we have prepared an eight-page special section, "Boston Marathon: Still Strong One Year Later," starting on Page 9. Please join us as we remember the events that forever changed our city on April 15, 2013, and know that our city will always be Boston Strong.**

Today's tweet

"the Boston marathon memorial exhibit is the most touching thing I've ever experienced. stay strong Boston #BostonStrong #BostonMarathon"

@shortshytt53 remembered the bombings Monday at the Boston Public Library

# Record marathon-related spending is anticipated

**Big bucks.** The 2014 marathon is on track to generate nearly $176 million for the Greater Boston area.

The 118th Boston Marathon is expected to draw one million spectators and thousands of runners from around the globe, bringing messages of kindness, support and a welcome boost to the Greater Boston economy.

The prestigious road race and its related events will bring an estimated $175.8 million in spending to the region, according to the Greater Boston Convention & Visitors Bureau.

If the estimate is correct, it will be the most money the marathon has brought to the area since its 1897 inception, though the Centennial Boston Marathon in 1996 came close, generating $172 million.

"The spending impact of the 118th Boston Marathon provides a huge economic benefit for our visitor industry, and it kickstarts our spring tourism season," said visitors bureau President and CEO Patrick Moscaritolo.

The 1996 marathon had a starting field of 38,708, which stood for more than seven years as the largest in the history of the sport. This year, there will be over 35,660 official participants in Monday's race, including more than 5,330 runners from more than 70 countries.

Not surprisingly, the Boston Athletic Association said it anticipates more spectators than ever before — roughly one million — will line the 26.2-mile course, with more than 1,800 members of the media from more than 300 outlets covering the event.

Runners and their guests will spend $103.7 million, spectators will spend $20 million, sponsors and media outlets will spend $14 million, and the BAA will spend $10.6 million, according to estimates.

Fundraising by marathon participants is also expected to bring in $27.5 million.

The increased exposure follows last year's fatal bombings, which took the lives of three people and injured more than 260 others. As a result, local, state and federal authorities are partnering to increase security measures for this year's race.

Despite last year's tragedy, organizers have expressed optimism about this year's race.

"The BAA welcomes participants and spectators from around the world who will patronize Greater Boston's shops, restaurants, hotels and local businesses," said BAA Executive Director Tom Grilk.

"This year, we will all come together to stand as one in celebration of the resilience of Greater Boston."

More coverage

**For more on last year's tragic events, read Metro's special section commemorating the bombing anniversary, beginning on Page 9.**

This year's 118th running of the Boston Marathon is expected to be the most widely attended in the race's history. / NICOLAUS CZARNECKI, METRO

Quoted

**"The spending impact of the 118th Boston Marathon provides a huge economic benefit for our visitor industry, and it kickstarts our spring tourism season."**

Moscaritolo

By the numbers

According to the BAA, this year's marathon will draw more participants and spectators than every before.

**35,660+**
Participants in the race

**1,800+**
Members of the media from more than 300 outlets

**$103.7M**
Money spent by participants' guests

**$27.5M**
Charity fundraising by marathon participants

**$20M**
Spectator spending

**$10.6M**
Spent by BAA

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# Award. Bomb coverage nets Globe a Pulitzer

On Monday, the staff of the Boston Globe was awarded the 2014 Pulitzer Prize for breaking news coverage of the Boston Marathon bombings, which happened a year ago.

The paper won "for its exhaustive and empathetic coverage of the Boston Marathon bombings and the ensuing manhunt that enveloped the city, using photography and a range of digital tools to capture the full impact of the tragedy," the Pulitzer Prize board said on its website.

It was the 23rd Pulitzer won by the Globe, but its first for breaking news coverage. METRO

Drive with pride

## 'Boston Strong' plate sent to gov

State lawmakers on Monday gave their final approval to a bill creating a "Boston Strong" license plate to memorialize the 2013 marathon bombings, with proceeds going to the One Fund to aid victims and their families.

Both the House and Senate voted to send the legislation to Gov. Deval Patrick's desk.

The bill sets a price of $50 for the plates, which carry the slogan "Boston Strong." All proceeds after the deduction of costs associated with issuing the plates would go to the One Fund. The bill also says the plates should have a "design indicating support for the people most affected by the tragic events that occurred in Boston on April 15, 2013." SHNS

At a hearing last week, a state attorney said no one in Massachusetts was currently using the drug. / GETTY IMAGES

# Moms attend hearing about painkiller ban

**State support.** A group of mothers of drug addicts said they are in favor of the state's ban on Zohydro.

Arguing that harm to the public interest outweighs harm to a single company, the state made its case to a federal judge on Monday as to why she should allow the temporary ban on the controversial painkiller Zohydro to stand.

Despite saying last week that she would hand down a ruling Monday, Judge Rya Zobel took the arguments from the state and the drug maker made during a hearing in federal court under advisement and did not issue a decision by press time. The hearing was attended by a half-dozen mothers of drug addicts from the group Learn to Cope, who also confronted the company's president after the proceeding.

The drug's maker, Zogenix, filed a motion in federal court last week seeking an injunction to the state's ban that came after Gov. Deval Patrick last month declared a public health emergency because of an "epidemic of opiate abuse."

**Showing their support**

Attending Monday's hearing was a group of about a half-dozen mothers of drug addicts from the support group Learn to Cope. The women, some wearing T-shirts with their group's name, sat in the front row and listened to the arguments.

- "Already so many people are dying from this [epidemic]," said group member Angela Whitney. "We have so many addicts out there. It's the boy who mows your lawn. It's the cheerleader. It's heartbreaking."

**Quoted**

**"If there were ever a case where states would be prepared to do this, I think this is it."**

Jo Ann Shotwell Kaplan, assistant attorney general

The company said Zohydro tackles severe pain in patients requiring around-the-clock opioid therapy. It was approved by the Food and Drug Administration in October, despite an 11-2 vote by the agency's advisory panel not to do so.

Steven Hollman, a lawyer for Zogenix, argued that the state's ban causes irreparable harm to the company and was done "without regard" to the impact on patients. He also argued that the ban goes against the federal agency's purpose.

"Imagine 50 states each imposing a different formulation requirement," he said. "There is not room for states to impose restrictions that eviscerate the floor of FDA approval."

Zobel asked Assistant Attorney General Jo Ann Shotwell Kaplan whether she has found any other case in which a state sought to restrict a drug approved by the FDA. Kaplan said she hadn't.

"You are seeing this case that has not been brought before," she said. Kaplan described the situation as "quite unusual," citing the number of states that have spoken out against the painkiller and the FDA approving it against its advisory board's vote and during a public health emergency.

MICHAEL NAUGHTON
@MetroBosMike
michael.naughton@metro.us

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# Health. Hub councilors pitch gender ID coverage

Treatment options for gender dysphoria, including surgery, hormones and mental health services, should be available to city workers through their health insurance plan, a pair of Boston city councilors pitched in an order detailed Monday.

The proposal, filed by Councilors Michelle Wu and Ayanna Pressley, would forbid the city from contracting with any health insurance company that discriminates against gender identity or expression.

The councilors stated in the proposed ordinance that mental health services, hormones and surgery should not be excluded from coverage when medically necessary for people diagnosed with gender dysphoria.

"For many people diagnosed with GD, pursing transition-related care is the only safe and effective medical treatment option. This may include mental health services, hormones, surgery and other services. Therefore, it should not be excluded from coverage when it is medically necessary," Wu and Pressley wrote in the proposal.

Released on Monday, the proposal was filed by the at-large councilors ahead of Wednesday's City Council meeting. **MICHAEL NAUGHTON**

**Cost assessment**

**The councilors also said in the ordinance that covering gender transition-related surgeries improves the health of transgender people and may save money in the long run.**

- They cited Seattle, San Francisco and Washington, D.C., as cities that provide coverage of transition-related care for city employees. Also, the councilors said Portland, Ore., experienced a .08 percent increase in costs after removing exclusions on coverage of transition-related care for city employees.

**Drug bust**

## Fire call leads to meth lab discovery

About 150 people had to be evacuated from a Hudson apartment building after a call about a fire there led to the discovery of an alleged meth lab.

Fire crews responded to an apartment in the building on Sunday for a report of smoke, but when they entered the home they found methamphetamine being cooked on the stove, according to WBZ.

Police arrested two men, who have been charged with the possession and manufacturing of illegal drugs. The bomb squad had to be called in to remove the potentially dangerous items. There were no reports of injuries. **METRO**

## Marathon finish line is rolled out on Boylston Street

Workers put the finishing touches on the Boston Marathon finish line on Monday. Thousands of runners will pass through the Boylston Street ending point next Monday during the 118th Boston Marathon. Crews have already spent days setting up barriers, bleachers and other facilities around the finish line in preparation for the race. / NICOLAUS CZARNECKI, METRO


## Join us for an informational meeting on the

# MBTA Fare Proposal

**5% average fare increase proposed effective July 1, 2014**

We invite you to attend a public workshop to share your comments about the proposed fare changes.

- American Sign Language services and assistive-listening devices are available at all public workshops and hearings. All locations are accessible to persons with disabilities.
- Written comments will also be accepted through Wednesday, April 30, 2014, and should be mailed to: MBTA, 10 Park Plaza, Boston, MA 02116, Attention: Fare Proposal Committee.
- You may also submit your comments electronically at the MBTA website mbta.com, by email at fareproposal@mbta.com, or by phone at (617) 222-3200, TTY (617) 222-5146.

## MEETING LOCATIONS

**Wednesday, April 16**
6 p.m.–8 p.m.
Braintree Town Hall
1 JFK Memorial Dr.
Braintree, MA 02184

**Wednesday, April 16**
6 p.m.–8 p.m.
Shriners Auditorium
51 Blossom St.
Boston, MA 02114

**Tuesday, April 22**
**Public Hearing**
6 p.m.–8 p.m.
State Transportation Building
Conf. Rooms 1, 2, 3
10 Park Plaza
Boston, MA 02116

**Wednesday, April 23**
6 p.m.–8 p.m.
Lynn City Council Chambers
3 City Hall Sq., Room 408
Lynn, MA 02901

**Thursday, April 24**
6 p.m.–8 p.m.
Roxbury Community College
Student Center Cafeteria
1350 Tremont St.
Roxbury, MA 02120

**Monday, April 28**
6 p.m.–8 p.m.
Middlesex Community College
Lowell Campus
Federal Building
Assembly Room
50 Kearney Sq.
Lowell, MA 01852

**Tuesday, April 29**
6:30 p.m.–8:30 p.m.
Newton City Hall
City Council Chambers
1000 Commonwealth Ave.
Newton, MA 02459

**Tuesday, April 29**
7 p.m.–9 p.m.
Framingham Town Hall
Memorial Building
Blumer Room
150 Concord St.
Framingham, MA 01701

**Wednesday, April 30**
6 p.m.–8 p.m.
Medford City Hall
Alden Memorial Chambers
85 George P. Hassett Dr.
Medford, MA 02155

**Wednesday, April 30**
7 p.m.–9 p.m.
Attleboro High School
Auditorium
100 Rathbun Willard Dr.
Attleboro, MA 02703

MBTA ha publicado información importante en su sitio web con respecto a la propuesta de tarifas. Por favor visite mbta.com y lea la información provista. Si necesita ayuda para traducir la información, llame a MBTA al (617) 222-3200, TTY (617) 222-5146.

MBTA在其網站提供了有關票價提議的重要資訊。請訪問mbta.com瞭解所提供的資訊。如您需要幫助翻譯該資訊，請聯絡MBTA，號碼為：（617）222-3200，TTY（617）222-5146。

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MBTA có đăng những thông tin quan trọng trong trang web của họ liên quan đến đề nghị về giá vé. Hãy vào mbta.com và xem những thông tin trong đó. Nếu quý vị cần giúp phiên dịch tài liệu này, xin liên lạc với MBTA ở số (617) 222-3200, TTY (617) 222-5146.

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**Please visit mbta.com for a complete list of public meetings and workshops.**

Massachusetts Bay Transportation Authority

massDOT Massachusetts Department of Transportation

# Suspect in killings at Kansas Jewish centers has hate-filled history

**Weapons.** Police said that the gunman used a shotgun and other firearms.

The suspect in the Passover eve killings of three people at two Jewish community facilities in a Kansas City suburb has a long history of racism and anti-Semitism, human rights groups said on Monday.

Frazier Glenn Cross, 73, faced charges of premeditated murder at his initial court appearance on Monday afternoon. He was arrested Sunday after a shooting spree that killed a 14-year-old boy and his grandfather outside a popular Jewish community center, and a third victim outside a nearby Jewish retirement home.

Both facilities are in Overland Park, Kan., an upscale suburb outside of Kansas City, Mo.

An investigator at the Jewish Community Center / GETTY IMAGES

**Quoted**

**"These senseless acts of violence are all the more heartbreaking as they were perpetrated on the eve of the solemn occasion of Passover."**

U.S. Attorney General Eric Holder

Police said it was too early to determine if Sunday's killings were motivated by anti-Semitism, but both the Southern Poverty Law Center, a leading anti-hate group, and the Institute for Research and Education on Human Rights said the suspect was a former senior member of the white supremacist Ku Klux Klan movement.

The groups said Cross, a Missouri man who also goes by the name Frazier Glenn Miller, was involved in creating an armed paramilitary organization in North Carolina 20 years ago.

U.S. Attorney General Eric Holder issued a statement Monday pledging federal help in determining whether the federal hate crimes statute was implicated in the "heinous" killings. REUTERS

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THE WORD

Dorothy Robinson takes on the world of gossip.

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# MTV Movie Awards: Hat trick

Jared Leto gets tropical in an oversized straw hat.

ALL PHOTOS GETTY IMAGES

Pharrell Williams, what have you wrought?

Men, women and cats all donned hats at Sunday night's MTV Movie Awards — with mixed results.

First up to make a statement: actress Hana Mae Lee, who donned this odd cigarette cap. It's so weird I don't even know what to say, other than I guess she wanted to stand out a little bit. Eh, it worked?

Oscar winner Jared Leto (will we ever get used to describing him that way?) wore this oversized straw cap and looked — dare we say it? — kinda hot, in a Banana Boat way. Meanwhile, Kesha looked like a "Flowers in the Attic" reject in this goth felt cap.

Finally, no hat recap would be complete without this shot of Grumpy Cat wearing Pharrell Williams' trademark Vivienne Westwood mountain hat. British people, take note: THIS is how you wear a hat.

HANA MAE LEE

KESHA

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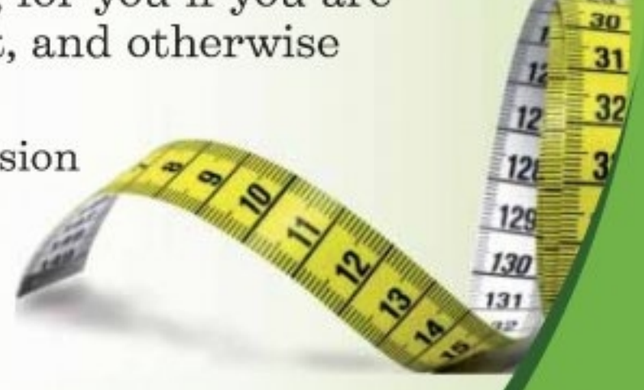

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# You're darn tootin'!

**Interview.** Kate Walsh didn't get to do the big accent for "Fargo."

Kate Walsh could have been in "Fargo" twice. In the mid-1990s, Joel and Ethan Coen were casting their film. "I lived in Chicago at the time," the "Grey's Anatomy" and "Private Practice" actress says. "I was an up-and-coming actress. I was a huge [Coens] fan, but I didn't get the part."

But now she's in the TV series version of "Fargo," a miniseries that tells another tale of murder and crime in sleepy, seemingly polite North Dakota. She plays Gina, the ex-stripper whose philandering, wealthy husband is, in the first episode, murdered by a hitman (Billy Bob Thornton) at the behest, sort of, of a nervous insurance salesman (Martin Freeman).

Doing "Fargo" was a change of pace for Walsh, who spent eight years with the same character: Dr. Addison Montgomery on "Grey's" and "Practice." "The most challenging thing was keeping the continuity. I would only come in once a month."

The downside is that she's one of the few actors not doing the broad Midwestern accent that so defined the 1996 film. "I did miss it," she confesses. "I was jealous of everyone doing it. I was like, 'Are you sure you don't want the accent? Are you SURE?'"

See more at www.metro.us

Although she won't get to stay with her character long — the show is a one-off, telling one story over 10 episodes — she came to really love Gina.

"It was really liberating to play someone who says what they're thinking," Walsh says. "She's honest and she's a survivor. I identify with that. She's basically a prostitute — a former stripper who thought she married really well. But now she desperately wants out.

"I feel like I would need to get out of there too. I would not want to live in that mansion. I would not want to live in Fargo."

Kate Walsh plays a stripper-turned-bored housewife in "Fargo."
GETTY IMAGES

**The small screen**

## The film is now the TV show

"Fargo" is more an in-name-and-location-only spin-off of the 1996 dramedy, which earned an Oscar for star Frances McDormand. It aims to duplicate the film's feeling — the mix of gallows humor with horrific tragedy, perhaps best encapsulated by the film's famous wood chipper scene.

This isn't the first time "Fargo" has been milked for television. In 1997, there was a pilot starring Edie Falco as the film's hero, Marge Gunderson. It was directed by Kathy Bates. It was not picked up.

MATT PRIGGE
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# Empire State of mind

Explore NYC on paper with these three new coffee table must-haves.

LASSE EMIL KRISTIANSEN
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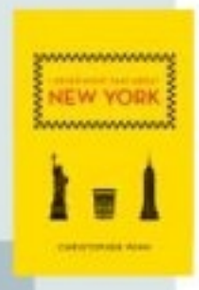
## 'I Never Knew That About New York'

**By Christopher Winn**




Let "I Never Knew That About New York" help you claim some new knowledge about NYC. Christopher Winn takes you through the history of all the monuments around town in a mix of text and original black-and-white drawings. For example, did you know that the Statue of Liberty is actually called "Liberty Enlightening the World"?

## 'New York Bike Style'

**By Sam Polcer, David Byrne and Casey Neistat**

If you think riding a bike makes someone look even hotter, this book is for you. "New York Bike Style" takes readers through all five New York City boroughs, with pictures of everything from vintage bikes to BMXs, and the people who ride them. Beside the better-than-Instagram photos, we love that the name of each person and where they are heading on their bike is included with every photo.

## 'NYC Basic Tips and Etiquette'

**by Nathan W. Pyle**

New York has its own unique rules. This books guides you through 136 tips with funny drawings that will make visiting the city a little easier. One tip: There's a reason why that empty subway car is empty. Blipp the icon at the top of the page to see GIF versions of three of the book's tips.

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# APRIL 15, 2013

A year ago today, the Boston Marathon was forever changed.

## THE DAY WE LEARNED HOW STRONG WE ARE

John Stoller was about to finish his 26th mile at last year's Boston Marathon. As he came through the final stretch of Boylston Street, he stopped to chat with friends in front of Forum restaurant.

"Usually I don't stop," says Stoller, who finished a quick conversation before continuing past the finish line. "I received my medal and had gotten my bags. … Then we heard the first blast."

Meanwhile, above Sugar Heaven on Boylston Street, the staff of Marlo Marketing/Communications was celebrating its sixth annual Marathon Monday party when the first blast hit.

"There were a few seconds of deliberation — no one really knew if it was safer inside or on the street," says Marlo Fogelman, principal of the company. "Then the second bomb went off and everyone just scrambled out onto the fire escape through the back windows."

Down on the street, victims were tended to by first responders and Good Samaritans. The fear of a third bomb detonating meant the crowd had to be removed, and fast.

As authorities worked to identify the bombers during the next couple days, the city attempted to function. For MBTA Transit Officer Dic Donohue, the sense of a calm before the storm would certainly ring true by the end of the week.

"The next few days were very strange," Donohue tells Metro. "The usual bustling downtown area that I work in was quiet, and entire streets were shut down."

Police soon identified two suspects in the blasts. Video surveillance from Forum caught brothers Tamerlan and Dzhokhar Tsarnaev, Chechen-born locals who resided in Cambridge. By Friday, they had allegedly murdered MIT Police Officer Sean Collier and led authorities on a violent chase.

Laura Glass slept in at her Cambridge home after staying up all night listening to the news. So when she awoke the next day to a uniformed FBI agent barging into her home, she started to put the pieces together.

"It only took me a few minutes to figure out what was going on — that the two brothers lived a few doors down from me," said Glass.

Several of her neighbors had interacted with the brothers, who were known to give out candy on Halloween to the younger kids.

While older brother Tamerlan was killed, younger brother Dzhokhar was apprehended in a dry-docked boat in a Watertown backyard. In the end, four people were left dead and hundreds more injured.

But as the 2014 Boston Marathon nears, runners are ready to take on the 26.2 miles without a second thought.

"For runners it's an emotional time," says Stoller, whose marathon apparel company, Right on Hereford, Left on Boylston, now donates a portion of all proceeds to the One Fund and other charities.

"Nobody cares about their time or if they finish. The running community is just a nice group of people, and they're excited for this year."

MEGAN JOHNSON
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A boy looks over hundreds of items left near the blast site in memory of the bombing victims. / NICOLAUS CZARNECKI, METRO

**Quoted**

**"Nobody cares about their time or if they finish. The running community is just a nice group of people, and they're excited for this year."** John Stoller

**PLUS**

**Haunting memories**

***The scene***

**On Stuart Street, family members who had just moments before been holding up signs of encouragement for runners were using them as a tool to find each other, fearing they had been killed in the blast.**

**"You see these runners in their foil blankets walking around either completely lost or just with a look that you never forget."**
Stoller

# At Forum, they finish stronger

**Crime scene.** Forum restaurant was ravaged by one of two bombs placed along the marathon route.

After the blast tore through Forum, employee Erinn Fleming knew she would run this year. / JEREMIAH ROBINSON, METRO

Erinn Fleming was never much of a runner. But just days after the bombings at the Boston Marathon ravaged Forum, the restaurant where she works as director of Marketing and Events, Fleming was determined to participate in the 2015 marathon.

"I just said, 'I'm running that marathon next year," Fleming explains. "And for me, it was set in stone."

For Fleming and the rest of the Forum staff, rebuilding the restaurant after the attacks was a lengthy process that required emotional and physical recovery.

Minutes after the bombs went off, Forum's staff leaped into assisting the first responders in any way they could. After all the guests in the dining rooms were ushered out into the back alley, employees raced to the patio area, where several board members of the Joe Andruzzi Foundation were sitting with their families cheering on the charity's runners.

Three doormen working for the restaurant sustained hearing damage. One was blasted with shrapnel in his leg.

"Holding a hand, getting someone a glass of water, as much linens and towels and ice, just listening to the first responders," Fleming recalls. "I think everyone just did whatever they could do."

Within a week, the restaurant was boarded up with black plywood, and Forum was officially a crime scene. The restaurant's façade was physically devastated, and a significant amount of the interior, including every inch of the custom carpeting on the second floor, had to be ripped out for professional crime scene analysis.

For a fully-staffed restaurant that was booked to the brim with events, the recovery period after the bombing could have been a strategic nightmare. But area businesses were eager to lend a hand by booking events and offering shifts to Forum staff. Several employees who would have been left unemployed for months were able to work at The Tap, one of Forum's sister businesses.

In addition to the custom carpeting that had to be entirely remade, the bar was moved forward, and additional seating was installed. Warmer textiles and different materials were added to convey a feeling of comfort for guests. And for a while after reopening on Aug. 15, business was better than ever.

Forum, in May 2013. /GETTY IMAGES

"For a couple months after we reopened … we were certainly busier than we had been," says General Manager Chris Loper, who pointed out that January and February were slower, as they are for most restaurants.

But come April 21, Forum will celebrate as they intended to last year: with a party for the Joe Andruzzi Foundation. But this time, Fleming won't be working the event; she'll be running by with the other 46 members of the Foundation's marathon team — double the number of runners as last year.

"We're all going to finish what we started last year," says Fleming. "And we're going to finish strong."

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# Piecing things together one year later

See more at www.metro.us

**Remembering.**
The project manager for "Dear Boston: Messages from the Marathon Memorial" shares her experience helping to put marathon mementos on display.

MORGAN ROUSSEAU
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A visitor views some of the hundreds of memorial items on display at the Boston Public Library. / NICOLAUS CZARNECKI, METRO

"There is a lot of divorcing yourself from the emotional aspect. You just tell yourself, 'You have to get through this,'" said Anne Starr, one of the people who spent recent months sifting through thousands of objects left at the original Boston Marathon bombing memorial.

"That being said, there is something in every box that brings tears to your eyes."

Starr worked as project manager on "Dear Boston: Messages from the Marathon Memorial," an exhibition of memorabilia on display at the Boston Public Library.

In the days and weeks following the fatal terror attack, thousands of people left a piece of their condolences in Copley Square. Teddy bears, tattered running shoes, flowers and letters revealed the sheer sadness that visitors collectively felt as they passed near the now-notorious finish line.

The development team started moving full steam ahead on the exhibit in January, which meant the team had to be decisive on which of the thousands of items would be selected.

"So in a matter of two and a half months, we went from very beginning stages of the exhibit to opening it to the public. Museums usually take a year or two to do that, so we didn't have a whole lot of time to pour over the objects," said Starr.

**Quoted**

**"We were looking at things that would show the worldwide support for Boston, the runners, those injured and the friends and families of those who were killed."**
Starr

**If you go**

**The exhibit is free and open to the public, and will remain in place until mid-May, at which point the items will be returned to the Boston City Archives for safekeeping.**

The objects that most spoke to her, Starr said, were related to people who were there on that fateful day, like running shoes, some bearing poignant notes written in marker.

Marathon spectators Martin Richard, 8, Lu Lingzi, 23 and Krystle Campbell, 29, were killed and more than 260 others were injured when two bombs exploded at the Boylston Street finish line on April 15, 2013. Days later, MIT Officer Sean Collier, 26, was shot and killed, allegedly by the bombing suspects as they attempted to flee the Boston area.

"There was a note from Martin Richard's teacher that stopped all of us in our tracks. It's really kind of unpredictable which things will grab hold of you," said Starr.

The centerpiece of the exhibit: 150 pairs of colorful running shoes arranged in a large square shape. Things made by children, photographs of the victims, marathon bibs and handmade signs also were among the items selected for Dear Boston, though Starr said the display represents only a small percent of the objects left at the memorial.

Visitors walk through three sections of the exhibit. The first area includes objects that represent the first minutes, hours and days after the attack. The second features objects related to a little later, like vigils, fundraisers and group runs.

The final stage of the exhibit bears a message of hope, and even includes a "hope for the future" tree that allows visitors to write down their hope and string it on a branch.

"People are still trying to make meaning out of what happened. Those objects offer much more reflection on what this means, and how we can move forward as a community," said Starr. "Our goal is to help facilitate some healing."

# Interview. Marathon bombing hero Carlos Arredondo tips his cowboy hat to Bauman, Boston and first responders

Carlos Arredondo was dubbed the Cowboy Hat Hero last year after iconic photographs captured him assisting with the rescue of Boston Marathon bombing survivor Jeff Bauman, who lost both legs in the attack. We sat down with him to talk about the one-year anniversary.

Carlos Arredondo
NICOLAUS CZARNECKI, METRO

**Do you think that one of your purposes in life was to help save Jeff Bauman?**
It's a miracle the way things happened. So many people did amazing work that day, and I did what I could. I prayed to God to protect me and give me some guidance to protect Jeff. ... It worked out, and Jeff finally went through surgery, and not only went through surgery, but he also described one of the criminals who was standing right next to him the day of the bombing. He managed to look that person up and down. [Bauman] helped to bring a case against these criminals. Life works in strange ways. I helped to save his life, and he ended up recognizing the criminals.

**Are you planning to attend this year's marathon?**
I'm going to be at the finish line this year. I know I'm going to be with other survivors, including [Bauman] and his family. I just hope we're all there supporting each other so we can have a better day.

**Do you have any fears about going?**
I am scared [of] just going back, and being with the survivors and waiting for that moment, around 3 p.m. Hopefully nobody freaks out and starts getting sick about it. But I understand that some other survivors can't handle it, so they're going to stay away.

**What do you think when people call you a hero?**
It's a little bit uncomfortable, you know? When people call me a hero, and I just look behind me at the many people who were there at the time, helping out. ... I'm just very grateful for everybody who was there helping out.

**What was it like for you to see Jeff for the first time after the bombing?**
He was very thankful. Immediately I saw this young man in bed and saw that he was going to be OK. ... I love the kid. He's very funny. He's a great guy. It's a miracle to see him doing the things he does.

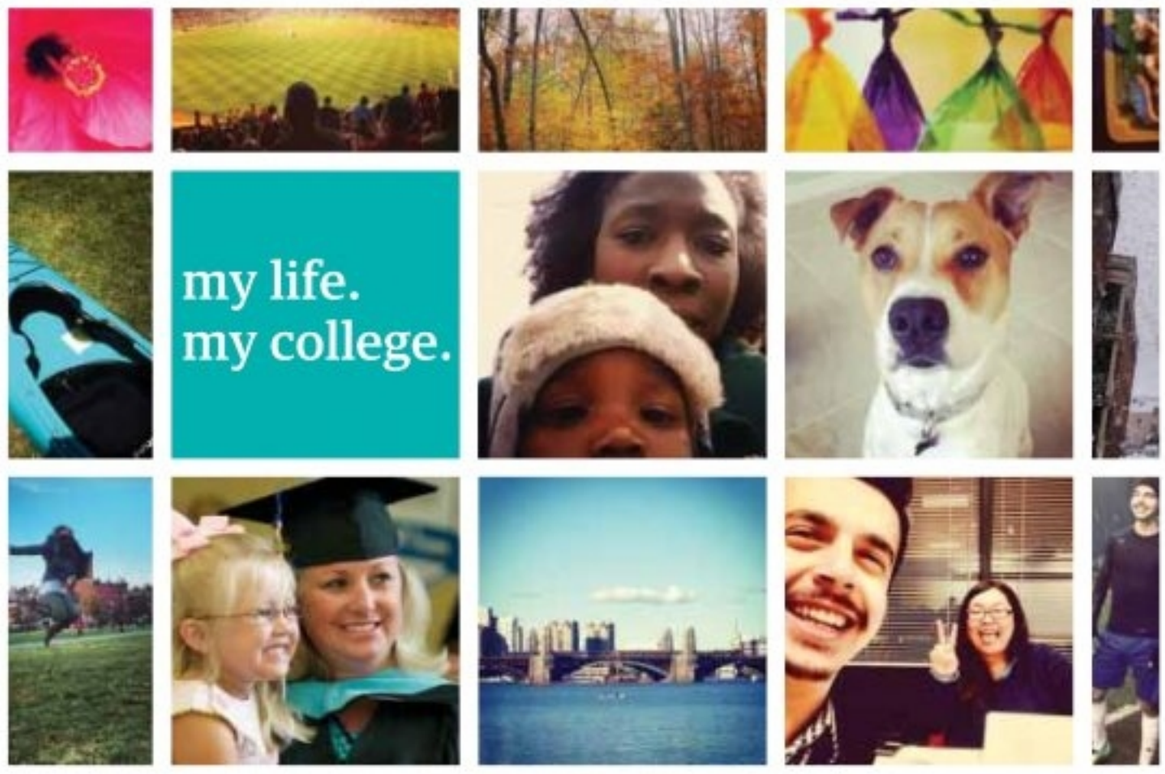
**What's it like for you to suddenly be in the spotlight?**
It has changed things, but at the same time I feel a responsibility to do it. We've been doing what we can to help, and going to events to collect funds for the survivors, so it's been an amazing journey. We are very happy and proud to help in any way we can.

**You lost both of your sons — one during service in Iraq, the other to suicide. If they were here today, what to do you think they'd say about your actions that day?**
I know they would be very proud that I helped others. I'm very proud of them myself. I'm very happy for the opportunity that God gave me to be the father of my boys for the time that we had. MORGAN ROUSSEAU

Bonus question

## What positives do you feel have come from the tragedy of the bombing?

It's been amazing how people have been participating to help. They've collected funds for survivors and the victims' families. I think the One Fund really brought a lot of people together and made good things happen. Prosthetics are very expensive, so [the survivors] need all the help they can get. It's been amazing how Boston has handled all this tragedy.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# Inked with love. 'Bled for Boston' showcases marathon-themed tattoos

People are often at a loss for words after witnessing tragic events. Perhaps that's why, following the 2013 Boston Marathon bombings, hundreds of people expressed themselves in ink, etching onto their skin what was inside their hearts.

Salem photographer Chris Padgett has spent the last year documenting the personal stories of more than 75 people who got tattoos to commemorate the fatal terror attack.

The result was "Bled for Boston," a photography exhibit at the Boston Center for Adult Education, where Padgett works as an instructor.

"It snowballed quickly," said Padgett, who was inked with an image of the Boston skyline shortly after the bombings.

Following the terror attack, many tattoo shops in New England began offering Boston-themed tattoos, donating their profits to The One Fund Boston.

Though Padgett was not present at last year's marathon, he still felt compelled to memorialize the event, so he headed to Good Mojo Tattoos in Beverly.

"As I was waiting I saw a lot of people coming through for marathon tattoos, and I thought it'd be cool to take pictures and get their stories," he said.

And that he did. It wasn't long before the BCAE got wind of the project.

Padgett said he was surprised at the eclectic selection of people opting to get inked.

"It's everybody, that's what I love about it. I thought I'd only get runners and first responders — I got them — but I also got bystanders and people who weren't even there. People who just love Boston; college professors, grandmothers, people who grew up here," said Padgett, who unveiled the exhibit on April 3 at a gallery opening attended by many of his subjects.

Among those featured was Transit Police Officer Dic Donohue, who was nearly killed during a shootout with the bombing suspects days after the attack.

Donohue's tattoo is among those featured – a grim reaper with "April 15, 2013" written beneath it.

MORGAN ROUSSEAU

**Quoted**

**"We wish this had never happened and we never had to commemorate this, but we feel responsible to the city as an educational institution to provide an outlet for people to gather, share stories and learn more. Our hope is that we will help people express themselves further."** BCAE Executive Director Susie Brown

**Bled for Boston book**

**Padgett also put together a photography book featuring the tattoo tributes. Twenty-five percent of the proceeds will be donated to Spaulding Rehabilitation Hospital. The books run $45 for hardcover and $30 for softcover. The books are available for purchase at www.bledforboston.com**

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# One last Boston Marathon for icons Rick and Dick Hoyt

**Determined.** Father and son, this team is one of the most iconic parts of the Boston Marathon. They'll run together one last time.

MICHAEL NAUGHTON
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Dick Hoyt wasn't supposed to push his son Rick in this year's Boston Marathon.

The 73-year-old said he's been having pains in his back that should have made the 2013 marathon his last. But then the bombs went off.

"I just couldn't believe something like that would happen," Hoyt said in a recent interview. "I can't believe people would do something like that."

Instead of finishing, the Hoyts were among the thousands who were stopped before they could cross the Boylston Street finish line. Soon after they found out what happened, the Hoyts knew they wanted to run again.

This will be their 32nd Boston Marathon.

The Hoyts are as much a part of the Boston Marathon as the finish line or Heartbreak Hill. Dick Hoyt, pushing his son Rick, who has cerebral palsy, has been a constant sight along the Marathon route nearly every Patriots' Day for a generation. A life-size bronze statue made in their honor was unveiled near the starting line in Hopkinton last year.

Although Hoyt said he's looking forward to this year's marathon, he admits it won't be his fastest time. But it hasn't stopped him from preparing as best he can.

Between stretching, training and exercising, the Hoyts have found time to also help out the victims of last year's bombings. Dick Hoyt recently spoke at a fundraising event for Roseann Sdoia, who lost a leg in the blasts. She will need a new prosthetic leg, the cost of which can run as much as $100,000, about every five years.

"Our message has always been 'Yes, you can.' There isn't anything you can't do," says Dick Hoyt. "There's no such word as 'no' in the Hoyt vocabulary."/ GETTY IMAGES

"Anything that Rick and I can do to help to raise money for them just makes us feel so much better," he said.

While this year will be their last Boston Marathon as a father-and-son team, it will not be the last marathon for Rick Hoyt. His father said that although he'll continue to race shorter distances with his son, members of the Team Hoyt charity will likely push Rick in future Boston Marathons.

For his last marathon, Hoyt anticipates an emotional time with an "unbelievable" crowd.

"We're just looking forward to it. I think it's going to be a great day," Hoyt said. "We are 'Boston strong,' and Boston is going to be so much stronger this coming Boston Marathon."

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# THE MARATHON IN FIVE PHOTOS

The events of April 15, 2013, and the days following, will never be forgotten.

**NICOLAUS CZARNECKI**
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Two people, one wearing a marathon runner's jacket, hug near the blast site.

A victim is rushed from the scene of the bombings.

MIT Officer Sean Collier was killed by the alleged bombers.

Crowds high-five police after one of the alleged bombers was captured.

# Aid. Fund set up in the wake of Boston Marathon bombings has raised over $73 million in donations

In its first 90 days of existence, One Fund Boston raised nearly $61 million in donations for victims of the Boston Marathon bombings. By the end of the year, there was more than $12 million in new donations.

But when the question of distribution is raised, fund administrators are faced with the enormous task of deciding how much financial compensation each of the 230 victims should receive.

"The severity of the injuries suffered by so many last April is almost too much to comprehend and we understand money alone cannot replace all that was lost," James Gallagher, president of One Fund Boston, said in a statement.

Lean on me

## Helping hands

For all victims, it's not just financial compensation that makes the recovery experience easier. Without emotional support, the challenges of everyday life would be nearly impossible.

"I am not on this journey alone. I've received a tremendous amount of support from my family, friends, co-workers and complete strangers," says Donohue. "It makes things a little easier and gives me even more motivation to get well."

For many victims, the gifts from the One Fund help lighten the burden of the recovery period. In addition to hospital bills and the price of having homes retrofitted for accessibility, many victims were left unable to work.

Several injured parties have had additional charitable foundations established in their names, like MBTA Police Officer Dic Donohue, who was severely injured by gunshot wounds during a shootout with the alleged marathon bombers. Donohue says his recovery is steady, but slow.

"I am absolutely surprised at how long things have taken to get to this point in my physical recovery, and I still have a long way to go," Donohue tells us, adding that his memories of the period are slowly returning. "I am still making progress, and it helps to compare myself to where I was a month ago or even six months ago."

This summer, survivors will receive another distribution of compensation from the One Fund. The organization expects an increase in donations throughout 2014, especially due to the one-year anniversary of the bombings.

**MEGAN JOHNSON**

Former Mayor Tom Menino announces The One Fund. / NICOLAUS CZARNECKI, METRO

By the numbers

## $2,195,000

The distribution of funds is based on severity of injuries and time spent hospitalized. For the first distribution in June last year, six eligible claimants received $2,195,000. These claimants, known as "Category A," include loss of life, double amputations of limbs and permanent brain damage as a result of the marathon tragedy. As the severity of injuries decreases, so does the financial compensation.

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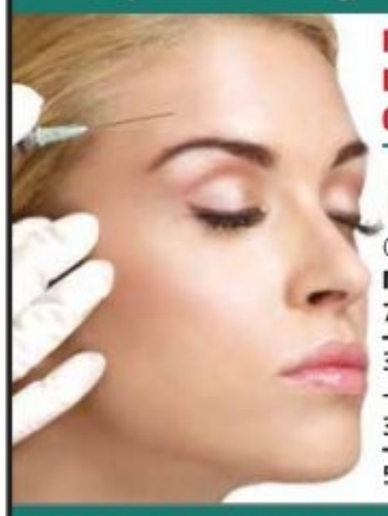
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# We've got it bad for Carlsbad

Visitors enjoy an afternoon soak at the Hilton Carlsbad Oceanfront Resort and Spa. / ALL PHOTOS MORGAN ROUSSEAU, METRO

**Destinations.** This West Coast city offers sun, surf and spas for Northeasterners looking to spring into summer.

Foodies can take a tour of West Inn & Suites' private 3-acre farm, where they can learn about the farm-to-table cuisine whipped up by executive chef Eugenio Martignago.

Southern California has a well of wellness-related fun. Located about 40 miles north of San Diego, the coastal city of Carlsbad has been tempting vitality-loving visitors since tapping its mineral spring in 1882.

In keeping with its healthful history, some of the city's most popular resorts and spas will hold Women's Wellness Weekends this May, offering a variety of tranquil activities that range from personalized spa treatments to a farm-to-table tour, sunrise yoga on the beach and more.

"We really want this to be an intimate experience," says Jeannette Handson, spa director at the Hilton Carlsbad Oceanfront Resort & Spa (www.hilton.com). "We work very hard to make sure the therapist embraces you."

Hilton Carlsbad Oceanfront Resort & Spa, Beach Terrace Inn, West Inn & Suites, Park Hyatt Aviara Resort, Sheraton Carlsbad Resort & Spa and Omni La Costa Resort & Spa are all offering discount packages for the Women's Wellness Weekends promotion next month, with savings of 30 percent off regular rates.

MORGAN ROUSSEAU
@MetroMorgan
morgan.rousseau@metro.us

Metro must

*While there's no doubt that indulging in spa treatments is any gal's idea of a perfect weekend, Carlsbad offers plenty of options for those looking to stay active on their retreat.*

## Electric bike tour with Pedego Carlsbad

"When you're in a vehicle, and you're going through Southern California, I think you can miss a lot," says Zack Cummins, an electric bicycle tour guide at Pedego Carlsbad. "I know when I ride a bike by the coast, you can hear the waves, you can experience nature more. It allows you the opportunity to pull off to the side and lock your bike up anywhere. There are a lot of beautiful things to see around here."

The beauty of riding an electric bicycle is that you can work as hard as you want — or not at all.

"If you're new to riding a bike, you'll find that pedaling is difficult. If you're not used to that, you can use the electric to give yourself speed and balance, then incorporate the pedal when you're comfortable with it and get a decent workout," Cummins says.

Hop on an electric bike.

PLUS

Carlsbad Metro must

## Tractor ride through the Flower Fields

At the Flower Fields, a sprawling 50-acre ranch blooms with beauty as rows of colorful giant tecolote ranunculus blossoms soak up the sun on a hillside overlooking the Pacific Ocean. Adventure seekers can enjoy the waves and sun on a stand-up paddleboard, and animal lovers can hike at Batiquitos Lagoon, one of the few remaining tidal wetlands on the Southern California coast.

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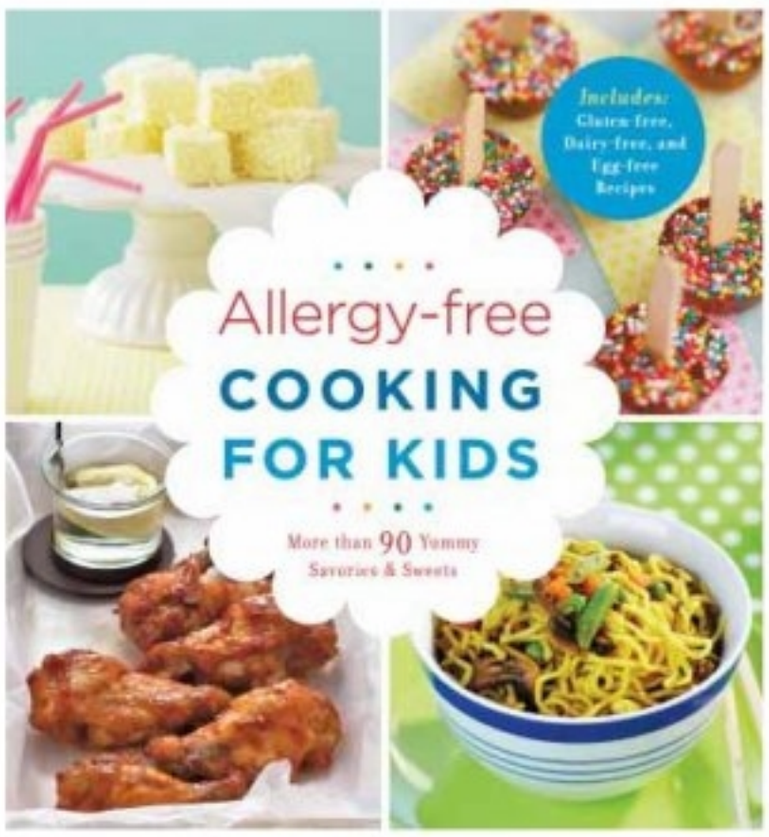
# Tasty recipes for kids with food allergies




**Meal time.** "Allergy-Free Cooking for Kids" offers more than 90 recipes that are either egg-free, gluten-free or dairy-free.

If your child has a gluten, nut, egg or dairy allergy, you know how challenging it can be to come up with yummy, nutritious foods he or she will actually want to eat. To the rescue is Pamela Clark's new book, "Allergy-Free Cooking for Kids," which is out this month.

The colorful, picture-packed recipe book is divided into three sections: gluten-free, egg-free and dairy-free, although many recipes (including nut-free options) fall into more than one category. There are more than 90 recipe ideas for breakfast, school lunches, snacks, dinner, sweets and party foods. Whether cooking for your own child or making sure the treat you're preparing for your child's school is something everyone will be able to eat, this is one book that's worth checking out. At right is one recipe from the book.

EMILY LAURENCE
@EmLaurence
emilylaurence@metro.us

## Dinner. Rice Noodle Cakes

**Ingredients**

- 7 oz. rice vermicelli noodles
- 1 medium carrot, coarsely grated
- 1 medium zucchini, coarsely grated
- ½ cup coarsely chopped fresh cilantro
- 3 eggs, beaten lightly
- 2 tablespoons gluten-free sweet chili sauce
- 2 tablespoons vegetable oil

**Directions:**

1 Place noodles in large, heatproof bowl; cover with boiling water. Let stand 5 minutes or until tender; drain. Cut noodles coarsely with kitchen scissors.

2 Combine noodles, carrot, zucchini, cilantro, eggs and sauce in large bowl.

3 Heat a little of the oil in large frying pan over medium heat; cook 1/4 cup of mixture, flattening slightly with spatula, until browned on both sides. Repeat with remaining oil and noodle mixture, cooking three or four cakes at a time, to make a total of 20 noodle cakes.

*Nut-free, gluten-free and dairy-free*

"Allergy-Free Cooking for Kids" has more than 90 recipes, such as the one for these rice noodle cakes. / PROVIDED

New parenting app

## Like having a pediatrician in your pocket

When you're a new parent, it's typical to wonder "Is this normal?" several times a day and to want to phone your pediatrician and ask. Dr. Jennifer Tractenberg is all too familiar with parents' endless concerns about their newborns, so she developed Baby Bundle, an app that allows her to be there for her patients 24/7, at least virtually.

Baby Bundle not only offers parenting advice, it also tracks development, doctor's appointments and health information and has a built-in monitor. You can also upload photos of your child to the app, creating a virtual baby book and photo album. When you enter your child's height, weight and other information, the app pulls up national averages so you can see how your child compares.

EMILY LAURENCE

The app is available for iOS and parents can download it for free. Some add-ons range in cost from $2.99 to $6.99. / BABY BUNDLE

## Horoscope

**♈ Aries | March 21-April 20.** Use common sense if you are going to mix business with pleasure. Your work prospects might be damaged if you are indiscreet.

**♉ Taurus | April 21-May 21.** You are well on your way to achieving your goals. Stay on track. Don't listen to negative remarks.

**♊ Gemini | May 22-June 20.** Treat yourself to something nice. A moneymaking opportunity could be hidden in an old idea. Revive past goals and get working on a project that you've ignored for too long.

**♋ Cancer | June 21-July 22.** A home-improvement project will go smoothly if you get everyone to pitch in; younger members of the family will enjoy being included. Give them small tasks and enjoy the teamwork.

**♌ Leo | July 23-Aug. 22.** Get out of your comfort zone with a new sport or exercise. The increased activity will help your body and mind stay in top shape. An unscheduled trip could result in a romantic relationship.

**♍ Virgo | Aug. 23-Sept. 22.** Make sure your explanations are crystal clear. A misinterpreted remark could cause a rift with a friend or colleague. Be especially careful when operating machinery or equipment.

**♎ Libra | Sept. 23-Oct. 22.** You have been lax about following your fitness goals. Get back on track or you will be battling weakness and pounds you had thought you'd conquered. A romantic involvement appears likely.

**♏ Scorpio | Oct. 23-Nov. 21.** A friend is likely to complain. Get your chores out of the way, even if you are feeling under the weather, and avoid an argument.

**♐ Sagittarius | Nov. 22-Dec. 21.** Attending an intellectual event will bring you into contact with influential people. Be truthful about your qualifications. A career change could be in the offing.

**♑ Capricorn | Dec. 22-Jan 20.** Seek professional help if you are having a problem that appears too difficult to handle on your own. Focus on how you can make your relationship with others better.

**♒ Aquarius | Jan. 21-Feb 18.** Your monetary situation is due for a shake-up. Lady Luck is looking out for you. Financial gains are apparent if you follow your instincts.

**♓ Pisces | Feb. 19-March 20.** Added stress could cause you to make costly mistakes. Make sure to get lots of rest before taking on more responsibility.

BERNICE BEDE OSOL

## Letters

### Sarcasm, lost

**Re: Sex appeals to letter writers, April 14, 2014**
Oh, Mike [Discolo]. I sincerely hope that you will never picture me at all. I apologize that my wit bothers your wholesome ears so much, but to insinuate that I'm not well-spoken is not only an untruth but a sad way of attempting to get your point across, whatever your point might have been. Did you bother to read the whole comment and actually comprehend my sarcasm and disgust, or did you just pull my buzz words out in an attempt to disparage someone you don't know? I find it extremely amusing, in particular, the fact that you spoke not once of the lack of class in Kerr's photograph and the message it sends (or the absolute absurdity of the "Style" section). Guess some of us are better at belittling people than addressing the issues.

JENNIFER MATRONE, VIA EMAIL

### Opposition to opiate ban

Politicians need level-headed leadership in implementing policies that derive strength from science. We have enough problems with climate change because of this. Now comes Gov. Patrick's ban on Zohydro because it has created an epidemic of opiate abuse. But what I gather from the murky arguments of the legal luminaries smacks of a preemptive move because no one in the state is currently using the drug.

JOHN DINGA, BROCKTON, MA

**letters@metro.us**

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

## Quoted

**"Kudos to Gov. Patrick for taking the bold step to ban Zohydro. Heroin use in Massachusetts is epidemic, and the overprescription of painkillers is the leading cause of addiction. FDA approval should not be equated with necessity or long-term safety."**

Heather Carito, via email

## Sudoku: Easy and hard

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 5 | | 8 | 7 | | | 4 | 2 |
| | | | 5 | 4 | | | | |
| | | | | | | 1 | 5 | 7 |
| 9 | | 3 | 6 | | | 2 | | |
| | | 4 | | | | 7 | | |
| | | 1 | | | 9 | 6 | | 3 |
| 7 | 9 | 8 | | | | | | |
| | | | | 9 | 5 | | | |
| 1 | 2 | | | 8 | 6 | | 7 | |

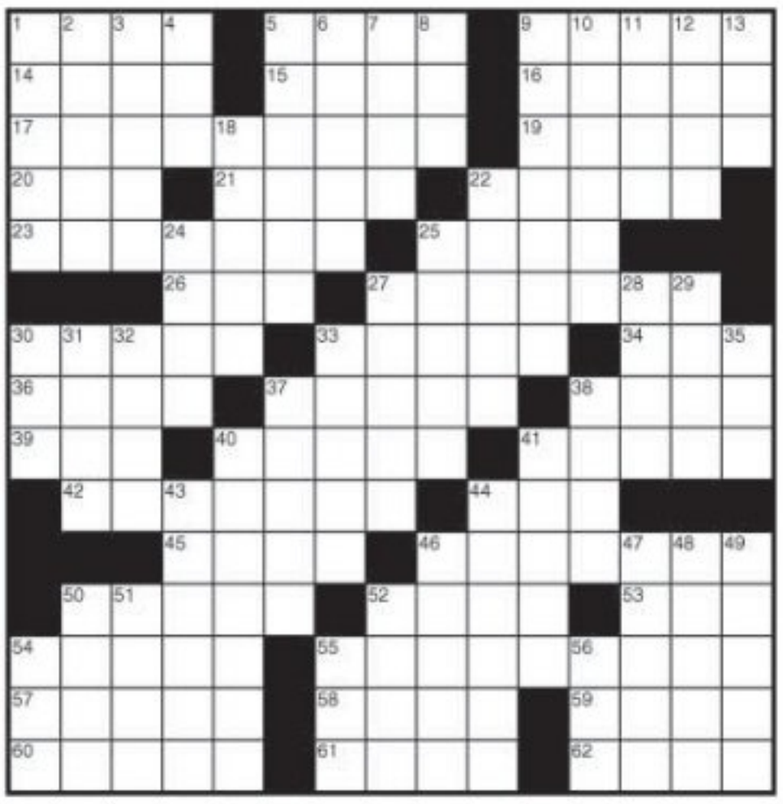
| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 8 | | | | | 6 | | 4 |
| | | | | | 8 | | 2 | 9 |
| | | 2 | 1 | | 4 | | 7 | |
| | | 4 | 8 | | 9 | | 6 | |
| | | | | | | | | |
| | 1 | | 3 | | 6 | 5 | | |
| | 7 | | 4 | | 5 | 3 | | |
| 4 | 9 | | 7 | | | | | |
| 1 | | 5 | | | | | 8 | 7 |

**How to play**
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword

**Across**
1 Notorious pirate
5 An evening out
9 Take over (hyph.)
14 Heavy metal
15 Concerning (2 wds.)
16 Gaucho's rope
17 Rest
19 Church table
20 Any person
21 Golf pegs
22 "Witness" folk
23 Evening service
25 Measure speed
26 911 responder
27 Penuriously
30 Standings
33 Kind of premiere
34 Dartboard locale
36 "Gotcha!" (2 wds.)
37 Blender output
38 "Puppy Love" performer
39 Shady
40 Esprit de —
41 Too exacting
42 Birdbrained
44 Sz. option
45 Tenant's obligation
46 Petition
50 Trouser feature
52 Client mtg.
53 Pindar forte
54 Hold the scepter
55 More muddy
57 Friday creator
58 Bend in the road
59 Nowhere near
60 Splurge
61 Masculine principle
62 "La — Bonita"

**Down**
1 Bolshoi rival
2 "Goodnight" girl
3 Bubbletops
4 Forensic sci. tool
5 Train restaurants
6 Alpaca habitat
7 "— bien, monsieur!"
8 Constantly, to Poe
9 Studied hard
10 More honey-tongued
11 Dobbin's dinner
12 Nile god
13 Road crew's need
18 Things
22 Usher's beat
24 Lap dog, slangily
25 Loses steam
27 Change form, in sci-fi
28 RN assistants
29 Hearty laughs
30 Disposed of
31 "Get real!" (2 wds.)
32 Fictional sub commander
33 Deli offering
35 Howl
37 Gist
38 Honda rival
40 Tidied
41 Soft matted wools
43 Crater Lake locale
44 Down in the dumps
46 Reject
47 Hairstyles
48 Best possible
49 — incognita
50 Chirp
51 "Get a —!"
52 Greenish-blue
54 Rural rtes.
55 Pig's digs
56 Shogun's yes



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3

SPORTS

**Boston strong**

## *Sox in Chicago*

**The Red Sox will be in Chicago to take on the White Sox on the one-year anniversary of the 2013 Marathon. They will return to Fenway this weekend to host the Orioles and their traditional 11 a.m. Marathon Monday game will take place on April 21.**

Daniel Nava's three-run homer in the eighth inning on April 20 last year gave Boston a brief reason to smile again. / GETTY IMAGES

# Red Sox provided small escape from marathon tragedy

**MLB.** Boston's beloved baseball team gave the city brief reasons to smile again throughout 2013.

There were 48 players, along with all the members of the Red Sox coaching staff and management who received rings for the 2013 World Series title, but they certainly were not the only ones part of Boston's triumph.

Though they never recorded an out, scored a run or even appeared in a game, the Boston Marathon bombing victims, their families and friends, who suffered such heartbreak in the spring of 2013, will forever be linked to the success of Boston's baseball team in the summer and fall of that emotional year.

"I felt like [the Red Sox] were trying their hardest for us and we were rooting hard for them, so it worked both ways," said J.P. Norden, 33, whose lower right leg needed to be amputated following the bombings.

"100 percent," former Red Sox catcher Jarrod Saltalamachhia, now with the Miami Marlins, told us in a recent telephone interview.

"We kept in touch with them, went and visited them in the hospitals and saw them during the season after the games. They came to charity events, so they were a big part of our team."

The connection between the Red Sox and the victims began almost immediately as the Red Sox, suggested by Saltalamacchia and outfielder Jonny Gomes, hung a '617 Boston Strong' jersey in the visitor's dugout in Cleveland a day after the tragedy.

Back in Boston, in hospitals throughout the city, victims that needed something — anything — to get their minds off of what happened — if just for a moment — often turned on televisions to watch the Sox.

"I had them on all the time," Norden said. "I am a big sports fan. We always had the Red Sox on. They helped us."

The team knew that many back in Boston were turning to them for some sense of happiness and normalcy. It truly meant something to the players to know they could have an impact, simply by playing their sport and playing it well.

"It puts baseball in perspective really fast when you have that big of a tragedy," catcher David Ross told us. "Those victims, to us, brightening up their day makes us feel as one. [It made us feel] bigger than we really are."

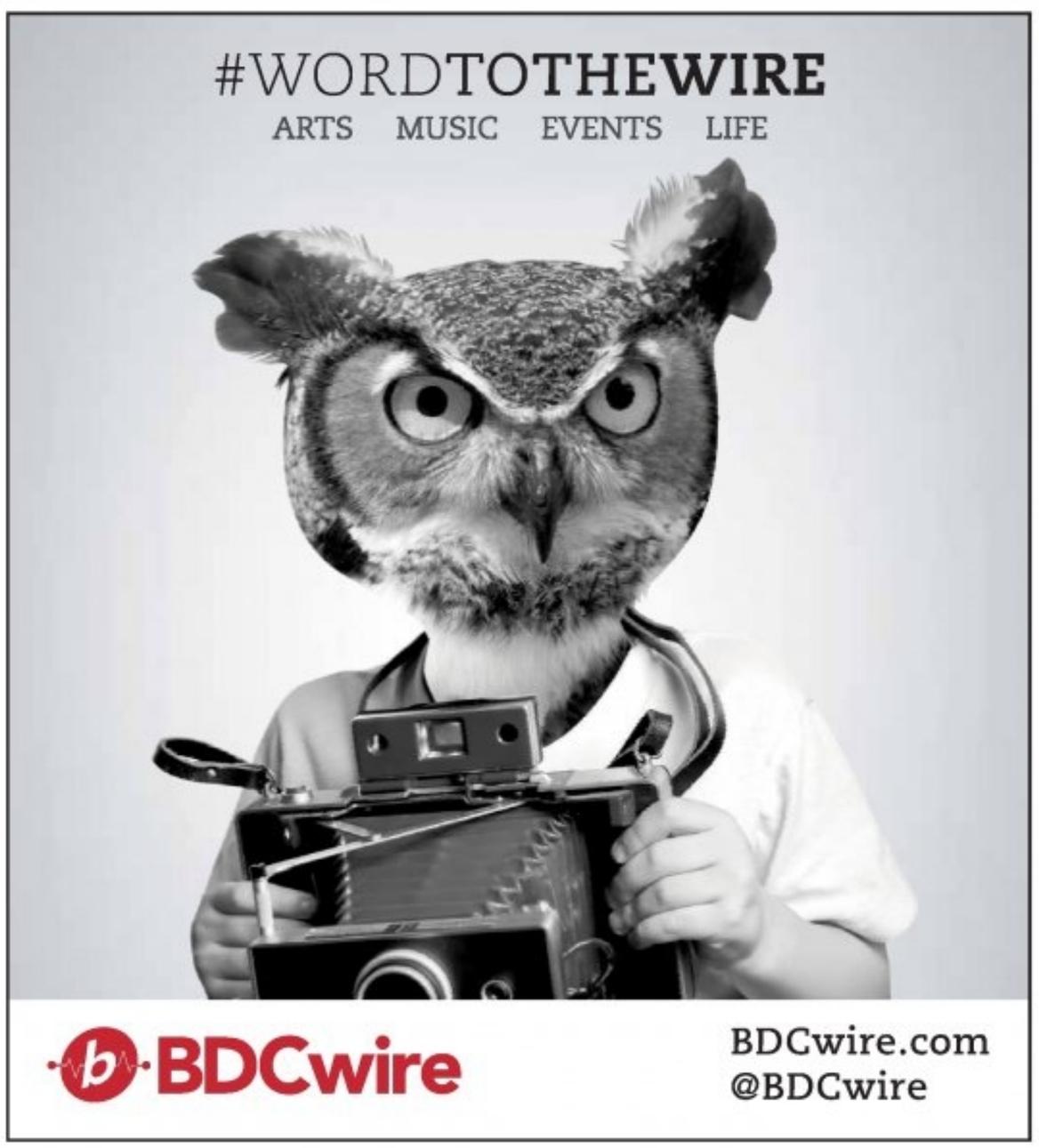
RYAN HANNABLE
@Hannable84
sports@metro.us

**Boston is a brotherhood**

**Less than 24 hours after Boston was shut down during a hunt for one of the alleged marathon bombers, the Red Sox honored first responders.**

- On Saturday, April 20, Ortiz made his famed "This is our f—in' city!" speech.
- **Daniel Nava's** three-run homer in the eighth led to a 4-3 Boston win over Kansas City.

DAVID ORTIZ SAID WHAT WAS ON THE MINDS OF MOST BOSTONIANS. GETTY IMAGES



The Sox placed the World Series trophy at the marathon finish line during the parade. / GETTY IMAGES

## Marathon. Parade was day of joy and reflection for the City of Boston

What seemed like the entire city gathered on Nov. 2, 2013, for a "Rolling Rally" through Boston. It was all cheers and smiles until the motorcade reached Boylston Street and the marathon finish line.

"I remember when we did stop there it was just silence," catcher Davis Ross recalled. "Everyone was cheering when the parade was going on and there was a lot happening to celebrate and then there was a little sense of mourning. ... A sense of remembrance for us and how strong of an impact that moment was both on the year and our baseball season."

Former Sox catcher Jarrod Saltalamacchia and outfielder Jonny Gomes placed the World Series trophy — draped in the '617 Boston Strong' jersey — on the finish line.

"It wasn't just our World Series, it was their World Series," Saltalamacchia said about Boston. "To put that trophy on the finish line meant a lot more than just a baseball game."

RYAN HANNABLE

Positive sign

## Pedroia does not have fracture

Red Sox second baseman Dustin Pedroia does not have a fractured left wrist, as initially feared, according to an ESPN source. Pedroia has been fighting through soreness in the wrist since April 4 and was scratched from the lineup against the Yankees Sunday night.

MATT BURKE

Miffed manager

## Farrell shreds replay system

Red Sox manager John Farrell was the first manager to be ejected for arguing a play that was reviewed by MLB umpires Sunday night in a 3-2 loss to the Yankees.

"It's hard to have any faith in the system," Farrell told reporters. "You'd think a video replay would be conclusive."

METRO

# Bruins enjoy extended rest before series with Detroit

**NHL.** It's tough to say whether or not the B's enjoy any type of hockey hibernation.

The Bruins' longest "break" this season came during the month of February as they did not play an NHL game from Feb. 9 to Feb. 26 due to the Winter Olympics in Sochi.

It's difficult to say if the B's benefitted from the rest. Tuukka Rask, Patrice Bergeron, Loui Eriksson, Zdeno Chara and David Krejci all participated in the Sochi games and the Bruins actually lost their first two games back from the hiatus, falling to Buffalo, 5-4, in overtime on Feb. 26 and to the Capitals, 4-2, on March 1. On the flip side, starting March 2 the Bruins rattled off their longest win streak in over 40 years — a 12-game showcase that eventually shot them past Pittsburgh for first place in the Eastern Conference.

The Bruins will have four full days to mull over their series with the Detroit Red Wings, which begins Friday at TD Garden (7:30 p.m., NESN). The opening B's-Wings tilt is the only NHL first-round series that does not begin this Wednesday or Thursday.

Boston will obviously use the extended time to nurse injuries, but it won't likely be long enough of a break to see defenseman Dennis Seidenberg (ACL) return.

"We're not counting on Dennis to be back," Bruins GM Peter Chiarelli said. Bruins management also were mum on the status of defenseman Adam McQuaid (quad) and forward Daniel Paille.

MATT BURKE
@BurkeMetroBos
matthew.burke@metro.us

**The slate**

**The Bruins and Red Wings open play in their first-round Stanley Cup playoff series this Friday in Boston:**

- Friday, April 18 Game 1: at Boston, 7:30 p.m., NESN
- Sunday, April 20 Game 2: at Boston, 3 p.m., NBC
- Tuesday, April 22 Game 3: at Detroit, 7:30 p.m., NESN
- Thursday, April 24 Game 4: at Detroit, 8 p.m., NESN
- Saturday, April 26 Game 5: at Boston, 3 p.m., NBC
- Monday, April 28 Game 6: at Detroit, TBD, NESN
- Wednesday, April 30 Game 7: at Boston, TBD, NESN

The Bruins and Red Wings won't get things underway until Friday in Boston. / GETTY IMAGES

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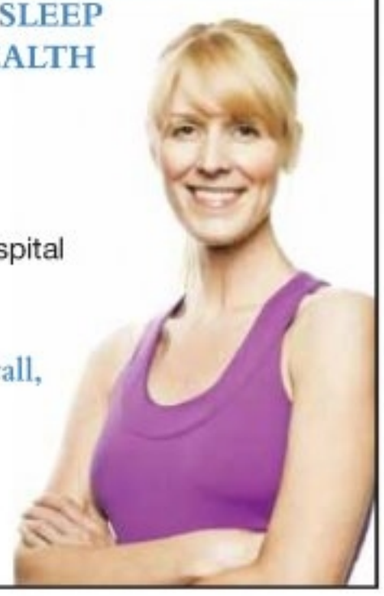

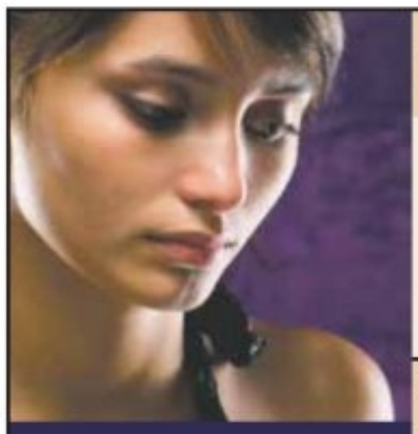

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HARVARD MEDICAL SCHOOL TEACHING HOSPITAL

STRESSFUL CHILDHOOD

Healthy unmedicated right-handed individuals ages 18 - 19

For Details

Receive up to $225 for initial participation in a research study and if eligible, $100 each year, up to 3 years, for follow-up visits

Or Call Cindy 617-85-LEARN

Visit Our Website:
www.research-participate.com

# MEDICAL RESEARCH

To advertise call Michael Doane at 617-338-6731 or email michael.doane@metro.us

- **DO YOUR GUMS BLEED?**
- **DO YOU THINK YOU HAVE GUM DISEASE?**

**Forsyth**

Our 12-month long study requires a screening appointment to see if you qualify.

**• Over 25 years old, with bleeding gums • Gum disease**

**If you qualify:** Your gum treatment will be provided to you at no charge. Additional compensation - you will also receive up to **$900** upon completion of the study.

**IF YOU ARE INTERESTED**
Please call or email for more information:
617.892.8600 | clinicaltrialsinfo@forsyth.org

**The Forsyth Institute**
**245 First Street, Kendall Square, Cambridge, MA 02142**

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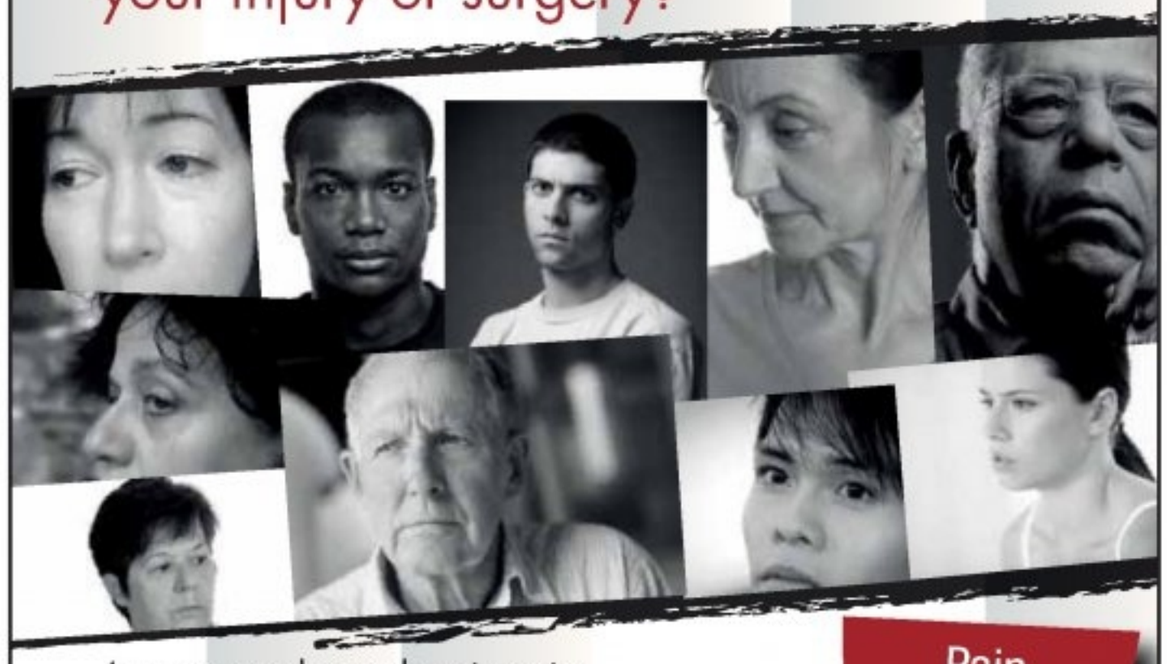
Still feeling chronic pain from your injury or surgery?



Anyone can have chronic pain.

Sometimes surgery, an injury, or an accident can result in chronic nerve pain. Nerve pain is often described as a shooting, burning or stabbing sensation. Some of the incidents that can result in this type of nerve pain include:

• Injuries • Surgeries • Accidents • Falls • Burns

Pain
Shooting
Burning
it Hurts!

Our clinic is conducting a clinical research study to examine the safety and effectiveness of an investigational medication in reducing chronic nerve pain when compared with placebo (inactive substance).

To find out more, please contact us at the number below.

**Call (Mon-Fri): 9am to 5pm. 617-643-7095.**

**Contact person: Katharine Koury, Study Coordinator**

---

# FEEL DEPRESSED?

**Do you or does someone you care for feel sad, lonely, or irritated?**

**Adams Clinical Trials is conducting a study on depression in people age 65 and over. Participants may be compensated up to $100 per completed visit in the 14 visit study.**

**Please call (617) 387-1706 or visit adamsclinical.com to learn more or sign up.**

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To place an ad call
866-900-9473
or visit us at
www.metro.us

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MASSACHUSETTS GENERAL HOSPITAL

## Looking for Overweight Adults without diabetes for a Clinical Research Study

If you are between the ages of 18 and 55 years and are overweight without diabetes, you may qualify for a research study to evaluate the effects of a drug called acipimox on mitochondrial function.

Study involves:

- 8 outpatient visits over 7 months. 2 of the visits will last 12 hours.
- Muscle biopsy and MRI tests.
- Up to $800 compensation after completion of the study

**For more information, please call Caitlin at (617) 643-4420**

---

# PLANNING A TUMMY TUCK?

**Are you scheduled to have an abdominoplasty? Would you be interested in taking part in a research study for about 3 months to test the safety and effectiveness of an investigational device on the appearance of abdominal skin?**

For more information please call
Kathy at **617-848-1638**

**SkinCare** Physicians

---

# SUFFER FROM OCD?

**Do you or does someone you know suffer from obsessive-compulsive disorder?**

Adams Clinical Trials is conducting a study of an investigational medicine in adults with OCD.

Participants may be compensated up to $100 per completed visit in the 14 visit study.

**Please call (617) 387-1706 or** visit adamsclinical.com to learn more or sign up.

# MEDICAL RESEARCH

To advertise call Michael Doane at 617-338-6731 or email michael.doane@metro.us

## Joslin Diabetes Center

**Do you have Type 1 Diabetes and Kidney Problems?**

**You may be able to participate in a research study if you:**

- ☑ Have been diagnosed with type 1 diabetes before age 35
- ☑ Are between the ages of 18-65
- ☑ Have had diabetes for more than 8 years
- ☑ Have been told by a physician to have kidney problems related to diabetes (e.g., increased proteins or albumin in the urine)

**Study involves:**

- ☑ Taking study medication
- ☑ Kidney function tests
- ☑ 17 visits at the Joslin over 3 years
- ☑ Physical exams
- ☑ Blood and urine tests
- ☑ ECG

**Monetary compensation and free parking provided**

**For more information**

**Call 617-309-4760**

PERL
PREVENTING EARLY RENAL LOSS IN DIABETES

MASSACHUSETTS GENERAL HOSPITAL | BRIGHAM AND WOMEN'S HOSPITAL

## Do you have knee pain from osteoarthritis?

If you are experiencing moderate to severe pain that is not effectively controlled by your current medication we invite you to learn more.

To qualify, you must:

- Be at least 35 years old • Have been diagnosed with osteoarthritis in one or both knees
- Have been taking a chronic pain medication at least 4 days/week for the past month

Qualified participants will receive all study-related care at no cost. Insurance is not required and compensation for time and travel may be available.

To learn more, please contact:
Beacon Clinical Research, LLC • 774-462-6602
info@beaconclinical.com • www.beaconclinical.com

**IMPORTANT INFORMATION:**
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

## PSYCHICS

**Psychic Readings**
**Spiritual Healer and Advisor**

Psychic Readings
333 Washington St., Boston Ma. 02108
2nd Floor Suite 221
617 756 3246
Palm Tarot Card Energy and Spiritual Readings
Available for special occasions and events
Mention this Ad For A $10 Reading

**Boston Psychic Studio**
**Palm, Tarot card & Crystal Ball readings**

Mention this ad for $5 off
128 a Tremont street Boston
Massachusetts 3rd floor
617 956 0572

### Psychics

**INTERNATIONAL CLAIRVOYANT AND SPIRITUAL HEALER/ASTROLOGY**
**MR MADDY** The man with his natural God gifted power of second sight. Successfully helping desperate people for the past 23 years.

Problem with love life, Marriage, Family, Relationship, Health, Business, Master of breaking all sort of Black Magic, Voodoo Bad Luck, Career, Stress and Depression, sexual depression Exams, Exorcisms, etc.

PRIVATE AND CONFIDENTIAL
100% GUARANTEED DON'T SUFFER IN SILENCE
CALL ON 917-754-8216

**POWERFUL HOLY INDIAN ASTROLOGER & SPIRITUALIST**

**Specialist in Palm Reading, Horoscope and date of birth Reading, open book & patra Reading**
**Specialist in Bringing Loved ones Back**
**IF YOU HAVE A PROBLEM HE HAVE A SOLUTION**
**For Enemy *Health *Family *Marriage *Children *Business *Husband & Wife Relationship**
**He is an Expert in: destroying & Removing, Black magic & witchcraft & obeah & voodoo and all bad luck & gives life long protection etc...**
**For advice please call GURU SAIRAM**
**781-266-6881**

## JOBS

### General Help Wanted

**Know anyone looking for extra income?** My goal is to help 15 people make 5k a month. 300 people make $500 to 1k per month ALL part time all ages 18+ Call Now 508-246-9021

Cape Air

**Do you want to work at Logan Airport this summer?**
**CAPE AIR IS NOW HIRING!**
Seeking PT and FT seasonal employees to work the ticket counter & on the ramp. Applicants must have excellent computer, communication & customer service skills, be able to lift 70lbs, hold a valid US driver's license & be over the age of 18. Come join the fun and energetic Cape Air team- immediate openings available!
**Apply now at: www.capeair.com/jobs!**

**SECURITY JOB FAIR**

Thu 4/17/2014
11:30am-1:30pm
Logan Airport
American Airlines Cargo
132 Harborside Dr.
Must be US citizen
Valid Driver's license
**Register at Labutler@gatesafeinc.com**

### Psychics

### Healthcare

**Bilingual Spanish nurses needed**
to work for a thriving home health care company. Create your own schedule. Join our team of professionals dedicated to keeping our patients at home. Please send your resume to spires@mrhhc.com

## ITEMS WANTED

**Cash for Records**
**Wanted**
**33Lps & 45s**
**George**
**617-633-2682**

**Cash for Records**

### Item Wanted

**Top $$ Paid For Guitars**

**We buy ALL Musical Inst. Guitars, Saxes, etc. We travel & PU Cash on the spot!**
**617-594-3255**

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To place an ad call 866-900-9473 or visit us at www.metro.us

## SERVICES

North Atlantic Interventions
**Do you know someone suffering from addiction to alcohol or drugs?**
For intervention and consulting services, contact Chris chris@northatlanticinterventions.com
(603) 421-7218

**REDUCE YOUR CABLE BILL!**
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
**SO CALL NOW 877-356-0525**

**Tax Problems**
617-335-2988
EX IRS Revenue Agent
CPA
www.davidrootcpa.com

## CARS

### Vehicles Wanted

**WE PAY MORE FOR JUNK CARS, VAN, TRUCK, DEAD OR ALIVE**
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**We pay more for junk cars, Than Anyone in Boston Vans, Truck , Any Size, any condition, CASH paid on the spot**

## CAREER TRAINING

### Career Training

**HIGH SCHOOL DIPLOMA FROM HOME**
6-8 weeks accredited
Get a Diploma! Get a Job!
**No computer needed!!**
Call 24/7 for free brochure
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www.diplomafromhome.com
Benjamin Franklin High School

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To place an ad call 866-900-9473 or visit us at www.metro.us

# ONE DAY SALE

## WEDNESDAY, APRIL 16 SHOP 9AM-11PM (IT'S A SALE TOO BIG TO FIT IN A DAY!)

## ALSO SHOP TODAY, APRIL 15 FROM 9AM-10PM

HOURS MAY VARY BY STORE. VISIT MACYS.COM & CLICK ON *STORES* FOR LOCAL INFORMATION.

FREE SHIPPING AT MACYS.COM WITH $99 ONLINE PURCHASE. NO PROMO CODE NEEDED; EXCLUSIONS APPLY.

## DOORBUSTERS 9AM-1PM BOTH DAYS 4 HOURS ONLY! GREAT ITEMS! GREAT PRICES!

DOORBUSTER
**12.99**
CLEARANCE
Orig.* 49.50-59.50, after 1pm: 19.99. Famous maker dress shirts or ties.

DOORBUSTER
**EXTRA 20% OFF**
SUITING
**Doorbuster $100-$260.**
Reg. $250-$650, after 1pm: $125-$325. Suits, sportcoats& dress pants from Kenneth Cole New York, Lauren & Calvin Klein. Shown: ★WebID 880178.

DOORBUSTER
**59.99**
CLEARANCE
Reg. $200-$340, after 1pm: 69.99. Pantsuits, skirtsuits & more from Evan Picone and more. Misses, petites & women.

DOORBUSTER
**60% OFF**
DRESSWEAR SETS & DRESSES
**Doorbuster 19.80-35.60.**
Reg. 49.50-$89, after 1pm: 24.75-44.50. For boys' 2-7: 4-pc. Nautica sets. For girls' 2-16: dresses from Marmellata & more.

## DOORBUSTER 20% OFF REGULAR & SALE PRICES

### SELECT ITEMS FOR HER & KIDS

DOORBUSTER
**EXTRA 50% OFF**
YOUNG MEN'S CLEARANCE
**Doorbuster 4.99-69.30.**
Orig.* 12.98-$198, after 1pm: 9.99-138.60. Hoodies, tees & more.

DOORBUSTER
**25% OFF**
AMERICAN CLASSIC BRAND HANDBAGS
**Doorbuster 28.50-388.50.**
Reg. $38-$518. Select totes, duffles, satchels, wallets & more.

DOORBUSTER
**2 FOR 19.99**
BRAS
Reg. $33-$40 ea., after 1pm: buy 1, get 75% off 2nd. From Bali®, Maidenform®, Vanity Fair® & Playtex®. Shown: Bali® Lace Double Support. ★WebID 560829.

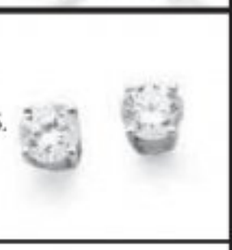
DOORBUSTER **49.99**
ROSE-CUT DIAMOND BANGLE
Reg. $200, after 1pm: $75. Your choice: 1/2 ct. t.w.‡ in silverplate (★WebID 1046984 ); 18k gold over sterling silverplate (★ 1046985) or 18k rose gold over sterling silverplate (★ 1046987) by Victoria Townsend.

DOORBUSTER
**65% OFF**
SAMSONITE
**Doorbuster 48.99-188.99.**
Reg. $140-$540, after 1pm: 69.99-269.99. Hyperspace XLT spinner luggage. ★WebID 990647.

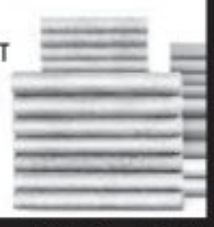
DOORBUSTER **$99**
DIAMOND-ACCENT HOOPS
Reg. $350, after 1pm: 131.25. In 14k yellow (★WebID 471731 or white (★ 561211) gold.

DOORBUSTER **$169**
DIAMOND BRACELET
Reg. $600, after 1pm: $225. 1/2 ct. t.w.‡ in sterling silver.
★WebID 824066.

DOORBUSTER
**$199**
DIAMOND STUDS
Reg. $600, after 1pm: $315. 1/2 ct. t.w.‡ in 14k gold.
★WebID 652521.



DOORBUSTER
**29.99** 6-PC. SHEET SET
Reg. $100-$120, after 1pm: 49.99. **Only at Macy's.** 300-thread count cotton/ polyester with 4 pillowcases. Queen or king.
★WebID744070.



DOORBUSTER **40% OFF**
BLENDERS & JUICERS
**Doorbuster 23.99-257.99.**
Reg. 39.99-429.99, after 1pm: 29.99-299.99. From left: Cuisinart juicer, #CJE50OBW (★WebID 771647) & NutriBullet, #NBR 1201 (★728155).

DOORBUSTER **19.99**
BLACK & DECKER
Reg. 44.99, after 1pm: 29.99. 4-slice toaster oven. #TO1322SBD.
★WebID 792749.

DOORBUSTER
**17.99** 8-QT. CASSEROLE
Reg. 59.99, after 1pm: 29.99. **Only at Macy's.** In stainless steel by Tools of the Trade. ★WebID 727359.

## OR, EXTRA SAVINGS TUESDAY & WEDNESDAY 9AM-1PM

SAVINGS PASS DISCOUNTS DO NOT APPLY TO DOORBUSTERS & DEALS OF THE DAY.

★macy's WOW! $10 OFF
ALL SALE & CLEARANCE APPAREL AND SELECT HOME ITEMS!
CANNOT BE USED ON DOORBUSTERS OR DEALS OF THE DAY
**$10 OFF**
YOUR PURCHASE OF $25 OR MORE.
VALID 4/15 'TIL 1PM OR 4/16/14 'TIL 1PM
LIMIT ONE PER CUSTOMER.
0001060210751802316

Also excludes: Everyday Values (EDV), specials, super buys, furniture, mattresses, floor coverings, rugs, electrics/electronics, cosmetics/fragrances, athletic shoes for him, her & kids, Dallas Cowboys merchandise, gift cards, jewelry trunk shows, New Era, Nike on Field, previous purchases, special orders, selected licensed depts., special purchases, services, macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be $25 or more, exclusive of tax and delivery fees.

★macy's WOW! $20 OFF
ALL SALE & CLEARANCE APPAREL AND SELECT HOME ITEMS!
CANNOT BE USED ON DOORBUSTERS OR DEALS OF THE DAY
**$20 OFF**
YOUR PURCHASE OF $50 OR MORE.
VALID 4/15 'TIL 1PM OR 4/16/14 'TIL 1PM
LIMIT ONE PER CUSTOMER.
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Also excludes: Everyday Values (EDV), specials, super buys, furniture, mattresses, floor coverings, rugs, electrics/electronics, cosmetics/fragrances, athletic shoes for him, her & kids, Dallas Cowboys merchandise, gift cards, jewelry trunk shows, New Era, Nike on Field, previous purchases, special orders, selected licensed depts., special purchases, services, macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be $50 or more, exclusive of tax and delivery fees.

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